



Dear **[Elected Official]**,

In 1965, Congress enacted the Older Americans Act, which established the U.S. Administration on Aging (AoA) State Units on Aging and Area Agencies on Aging to develop social services and programs to address the needs of the aging population. The Act helps older adults maintain maximum independence in their homes and communities and to promote a continuum of long-term services and supports.

There are many older adults in our **[state/city/region]** who could use an hour of your time to help them remain independent. According to a 2011 report from the U.S. Administration on Aging, there are roughly 11 million seniors living alone in their homes, did you know over **[XXX]** in our area? Programs set up through **[Unit/Agency/Organization]**, many of which are funded through the Older Americans Act, offer opportunities for these individuals to receive critical services, including home delivered meals, home care, health promotion and more.

Dedicated volunteers are an integral part of maintaining these programs and services to ensure the needs of all our area seniors are met. With decreased funds, agencies are relying more than ever on the work of committed volunteers who are able to work an hour a month, a week or more.

We invite you to join us as part of the the national **“Got an Hour? Give it Back”** initiative and become a part of a strong group of volunteers who devote their time to support older adults, caregivers and people with disabilities in our community. By giving an hour of your time to listen to a story, share a meal or play a game of cards, you could make a huge difference. It only takes an hour.

If you are interested in joining our effort please contact **[Local contact to help organize]** to schedule a time to make a difference in the lives of those who need it in our community. For additional information on this campaign, please visit [www.GiveitBacktoSeniors.org](http://www.GiveitBacktoSeniors.org).

Sincerely,

**[Director]**